

# SURVIVAL IN A BUCKET

**Accounts of those who have survived tragedy and catastrophe**, no matter the crisis, demonstrate that survival is as much a state of mind as a state of being. Fortitude, determination, a cool head, and confidence constitute a priceless part of any survival plan.

Wherever we live on the planet we can be suddenly and unexpectedly confronted with survival issues. Earthquake country, volcano country, tornado alley, flood, hurricane, terrorism or social unrest—we are all vulnerable and mortal. Staying alive is instinctive for most living creatures, but staying alive in a shipwreck would be difficult without a liferaft, a life buoy or a life boat. Someone planned ahead. Someone planned for the unexpected emergency. You and I need to do the same, but sensibly and affordably.

**Here is a simple, affordable, do-able plan—act on it!—act immediately!**

Purchase two or more *6-gallon, plastic buckets*. These buckets are tall, have substantial bales (handles) and lids and they are ideal for your basic survival plan. These buckets are easily transported. By that we mean they may be tossed into the trunk or back seat of the automobile for a quick escape, or they may be carried by hand or even worn as a backpack. They are moisture- and vermin-resistant—in short they are ideal for the plan outlined below.

Every item listed here was purchased in a Wal-Mart, K-Mart (or similar discount retailer) and a large supermarket. Many of the items included cost a dollar or less!! One bucket can keep two people alive for 15-30 days. Two buckets can keep an average family alive for 30-45 days. Time is precious—*time is survival and you are buying time!* Time to travel and relocate, if necessary. Time to have power or other social services restored. Buying time for others to rescue you if necessary.

**Two buckets can be completely equipped for approximately \$200.**

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- 1 or 2 6-gallon Buckets w/lids and handles
- Road Atlas (optional)
- Canteen
- Water Purification Tablets (150)
- Multi-function Survival Tool
- Duct Tape
- Folding Saw
- Fishing Kit (optional)
- Utility Razor Knife
- Camp Hatchet (optional)
- 2 Wire Coathangers
- 1 Small Magnifying Glass
- Whistle (optional)
- Tarpaulin
- Parachute Cord
- Small Waterproof Flashlight & Batteries
- Long-burn Candles
- Waterproof Matches
- Fire Sticks
- 2 Disposable Lighters
- Compass (optional)
- Cook Kit (Mess Kit)
- Plastic Cutlery (mixed)
- Cook Pot w/lid
- Sharp Paring Knife
- Camping Can Opener

- Long Plastic Spoon
- Disposable Wash Cloths
- Salt & Condiment Paks
- Dried Soups
- Dried Food Paks
- Powdered Milk
- 4/Cup Pans
- Tea Bags
- Sweetener
- Dried Beans, Rice, Lentils, etc.
- 2-4 Cans Tomato Paste
- Small Bottle Olive Oil
- Large Black Plastic Bags
- Small Plastic Bags
- Plastic Cups
- Plastic Bowls
- Sewing Kit
- 2-4 pr. Gloves/Brown Jersey
- 2-4 Rain Ponchos
- 2-4 Survival Blankets
- Extra Socks, Underwear, Winter Caps, etc.
- Survival Kit/Bandages
- Extra Band-Aids
- Multi-Vitamins w/Minerals
- Buffered Aspirin
- Tylenol or Ibuprofen
- Insect Repellent

**To Purchase Buckets:  
Emergency Essentials**

*Go to the Web and type in all of this:*  
[http://beprepared.com/  
product.asp?pn=MS%20C201](http://beprepared.com/product.asp?pn=MS%20C201)  
 or Phone: (800) 999-1863

**Example Prices: 1 bucket with Lid = \$7.50**  
 Have your credit card handy

- Charcoal Capsules
- Packs of Chewing Gum
- Soaps (Bars, Liquid, Octagon)
- Deodorant
- Chapstick
- Disposable Razor(s)
- Fem Pads
- Moist Towelettes
- Mirror
- Combs
- 6 Small Tissue Paks
- Pens/Paper
- Rubber Bands
- 1 Bible or N. Test. w/Psalms
- 1 Daily Devotional Reading
- Optional Items/Special Needs:**  
*Eyeglasses, Contact Lenses, Insulin, etc.*

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disaster/0,1082,0\\_601\\_,00.html](http://www.redcross.org/services/disaster/0,1082,0_601_,00.html)



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display?theme=14&content=446](http://www.dhs.gov/dhspublic/display?theme=14&content=446)